**Sunday, March 3, 2024 (Third Sunday of Lent)**

*For solemn exposition, the host should be consecrated in the Mass which immediately precedes the exposition and after communion should be placed in the monstrance on the altar. The Mass ends with the prayer after communion, and the concluding rites are omitted. Before the [celebrant] leaves, he may … incense it.[[1]](#footnote-1)*

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| **Time** | **Liturgical event** | **Responsible Parish** |
| 7:00 p.m.  | Sunday Mass (Spanish) for the Third Sunday of Lent | Cathedral |
| After Mass | Solemn Exposition begins per OSEHE | *N.B. The Mass ends with the prayer after communion, the concluding rites are omitted.* |
| 9:00 p.m. | Benediction and reposition | Cathedral |

**Monday, March 4 - Thursday, March 7, 2024**

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| **Time** | **Liturgical event** | **Responsible Parish** |
| 7:00 a.m.  | Exposition begins | Cathedral |
| 7:00 a.m. – 7:50 a.m. | Silent exposition |  |
| 8:00 a.m. – 8:50 a.m. | Morning Prayer / LoH before the blessed sacrament |  |
| 9:00 a.m. – 9:50 a.m.  | Silent exposition  |  |
| 10:00 a.m. – 10:50 a.m. | Prayer service before the blessed sacrament |  |
| 11:00 a.m. - 11:50 a.m.  | Silent exposition |  |
| 11:50 a.m. | Simple reposition |  |
| 12:00 noon | Daily Mass at 12:00 noon (English) | Cathedral |
| ~12:30 p.m. | Exposition recommences |  |
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| **Monday, March 4 - Thursday, March 7, 2024 (con’t)** |
| 12:30 p.m. – 12:50 p.m. | Midday Prayer / LoH before the blessed sacrament |  |
| 1:00 p.m. – 1:50 p.m. | Silent exposition |  |
| 2:00 p.m. – 2:50 p.m. | Prayer service before the blessed sacrament |  |
| 3:00 p.m. – 3:50 p.m. | Silent exposition |  |
| 4:00 p.m. – 4:50 p.m. | Prayer service before the blessed sacrament |  |
| 5:00 p.m. – 5:50 p.m. | Evening Prayer / LoH before the blessed sacrament |  |
| 6:00 p.m. – 6:50 p.m. | Prayer service before the blessed sacrament |  |
| 6:50 p.m. | Benediction and reposition  |  |
| Daily Mass at 7:00 p.m. | Daily Mass at 7:00 p.m. (Spanish) | Cathedral |

1. Ibid., no. 14 [↑](#footnote-ref-1)